

# 2012 Plumas County Collaborative Health Assessment

*Community Themes and  
Strengths*

# Town Hall Meetings

- What is important to our community?
- How is the quality of life perceived in our community?
- What assets do we have that can be used to improve community health?

# Meeting Attendance

- Quincy - 25
- Chester - 17
- Portola - 64
- Greenville - 31

# What's Important to Residents

- Hope
- Community involvement
- Vibrant economy
- Access to healthcare
- Good schools
- Shopping locally
- Caring people
- Healthy families
- Strong hospital infrastructure
- Safety

# Healthcare and Quality of Life

- Visiting specialists
- Personalized care
- Choices in providers
- Telehealth
- Emergency services at PDH
- Great place to raise a family

# Suggested Improvements

## *Transportation*

- To out-of-county services
- Mobile health units
- Within the county
- Especially for Seniors
- To cancer treatments

## *Health Access*

- Medi-Cal enrollment and retention
- Insurance for self-employed and small business owners
- Keep providers in the county

# Suggested Improvements

## *Education*

- Available services
- How to navigate the system
- Health education
  - Nutrition
  - Reproductive health
  - Exercise

## *Alcohol, Tobacco, Drugs*

- Address prescription drug abuse
- Address drug and alcohol use and abuse, especially among teens
- Detox training for doctors and providers

# Suggested Improvements

## *Collaboration and Communication*

- Between hospital districts
- Between hospital staff and providers
- Newspaper column to discuss services available

## *Infrastructure and IT*

- Sharing of electronic medical records
- Provider access to patient's entire record
- Local data and standard collection process

# Suggested Improvements

## *Adolescent Health*

- More activities for youth
- Address alcohol, tobacco and other drug issues

## *Mental Health*

- Better identification of needs
- Improve availability and access to services

# Quincy

- Health “Co-op” : bartering system for healthcare services
- Concern that smart meters are causing cancer

# Chester

- Clean water issues
- Incentives for seasonal residents to contribute and engage with the community
- High rate of impoverished children

# Portola

- Long-term care
- Collaboration between EPHC and Renown
- Access to Planned Parenthood
- Home based assessments for elderly and homebound (many do not qualify for IHSS)

# Greenville

- Injury prevention
  - Suicide
  - Drug and alcohol related
  - Elderly falls
- Lack of Emergency Services
  - ER
  - Urgent Care

# Next Steps

- Integrate community feedback
- Establish priorities and data tracking
- Share findings and develop action plan
- Disseminate and implement plan

# Vision

A healthy Plumas County has a sustainable and equitable continuum of care, vibrant residents and communities that are connected through collaborations and partnerships.

# For More Information

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